

# Winter Biathlon

Feb. 5, 2022

Check in 8 - 9 a.m.

Learning Center  
Tosanak Recreation Area

Staggered Start  
beginning at 9:00

- Participants will XC ski a 1 mile loop (twice) with stops to shoot BB guns at targets (standing & prone). All equipment is provided with registration.
- Walk in registrations are not guaranteed a shirt on event day.
- Results will be decided by time and target score.
- Prize categories (mens, womens, & youth) will be for:  
Best Time, Worst Time,  
Best Shot & Wild Card
- Map of the course found & complete rules found at [floydcoia.org/190/Conservation](http://floydcoia.org/190/Conservation)

One entry form per participant



Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Gender:  Male  Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

(For registration confirmation & updates)

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age as of Feb. 5<sup>th</sup>: \_\_\_\_\_

Shoe size: \_\_\_\_\_

Ski size (base on weight):  Youth < 100 lbs.  Small (100-125 lbs.)  Medium (130-145 lbs.)  
 Large (150-170 lbs.)  X Large (175 + lbs.)

Adult Shirt size:  Small  Med.  Large  XL  XXL - Add \$2

Youth Shirt size:  Small (6-8)  Medium (10-12)  Large (14-16)

Entry Fee (Before Jan. 28<sup>th</sup>):  \$15 for Foundation Members  \$20 for Non Members

Registration fee includes: Long Sleeve T-Shirt and XC Ski rental.

**Waiver:** I hereby absolve for myself, my heirs, executors, and administrators, forever, any and all rights and claims or damages I may accrue against the Fossil & Prairie Conservation Foundation and individuals or groups associated with the Fossil & Prairie Conservation Foundation for any and all injuries suffered by me while participating in said run. I grant permission to use any photography, motion pictures, recordings or any other record of the run for any legitimate purpose. I further, hereby, certify that I am physically fit to run in the race I am registered in.

Signature: \_\_\_\_\_

Parent or Guardian, if under 18

Date \_\_\_\_/\_\_\_\_/\_\_\_\_



Send registrations to: Fossil & Prairie Center, P.O. Box 495, Rockford, IA 50468.

Checks payable to Fossil & Prairie Conservation Foundation



# Winter Fun Day

- Winter Family Movie
- Build a snowman!
- Snacks, Hot Chocolate & Apple Cider
- Warming stations
- Discount on 2022 Tosanak facilities reservations



Non-Prof. Org.  
 US Postage Paid  
 Rockford, IA  
 Permit No. 25

Fossil & Prairie Center  
 1227 - 215<sup>th</sup> St  
 P.O. Box 495  
 Rockford, Iowa 50468

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